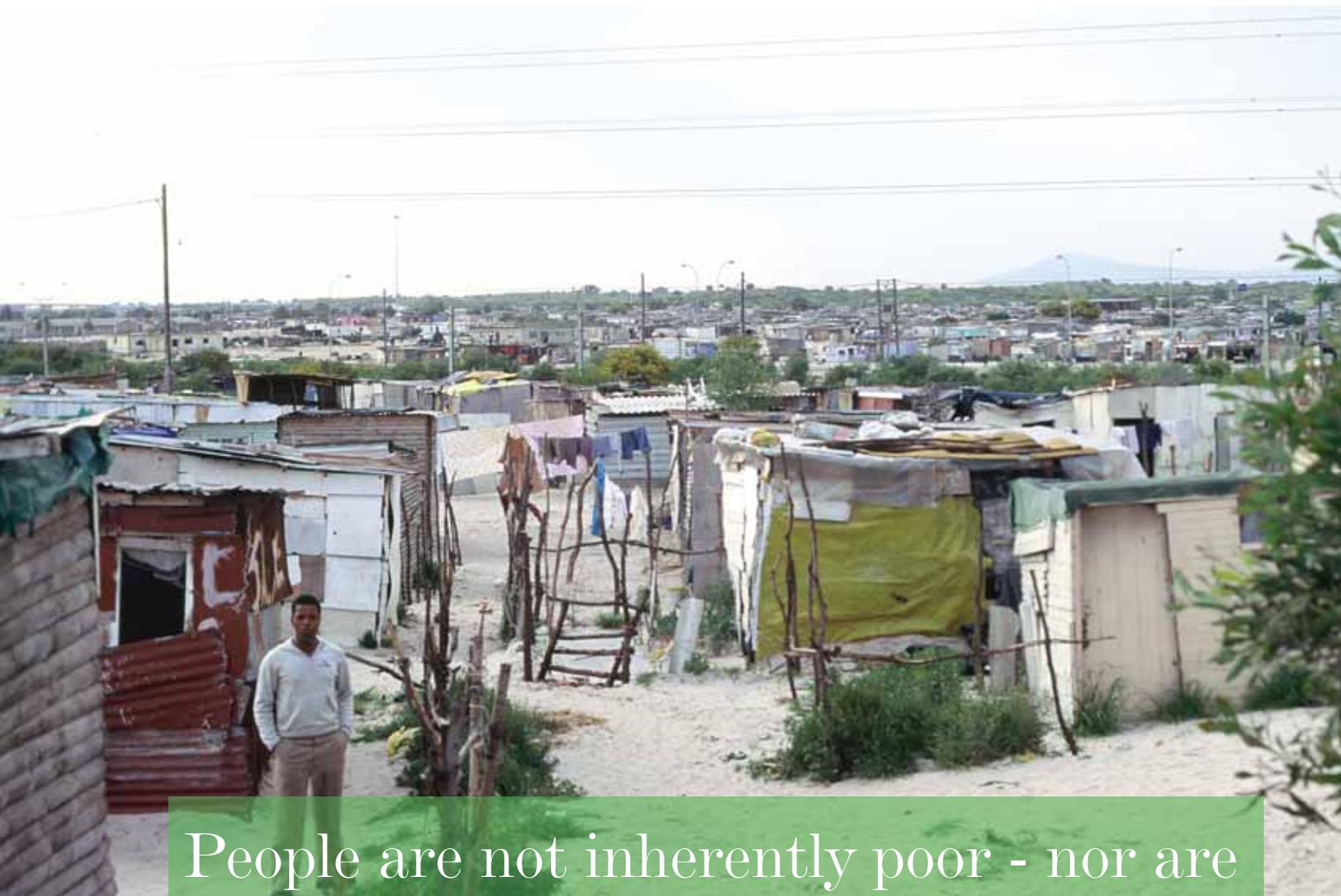




F&G Trust

The farm and garden national trust



People are not inherently poor - nor are they destined to remain so.

When dreams become reality



‘My colleagues and I at the Farm and Garden National Trust have proven over and over again that starvation is entirely avoidable - even in the worst situations - if people are given just a bit of land, some seed and some water. We have gone on to prove that it is even possible to create one full-time job on as little as 500m² (and less) of land.’ *Trust Founder Rob Small*

Through the correct resources, training and assessment, all South Africans can live healthy lives of meaning and independence.

Become part of the solution...Become part of the Farm and Garden National Trust success story.



How we achieve our dreams

Through the Trust, organic micro-farmers (that is, anyone who is running a home garden, community garden or a small farm) in poor communities can get ongoing help to achieve their goals.

The Trust does this in the following ways:

- Raises funds to assist micro-farmers and their activities.
- Provides training and assistance to community-based projects including: organic crop production, garden and farm management skills and advanced business and marketing skills. Certificates are issued for all training courses given which often results in participants finding or creating employment.
- Provides permanent follow-up support.
- Assists community-based organisations to share skills, experience and resources with other, similar community-based projects and associations.
- Supplies subsidised assessment services to micro-farming associations to assist them to continually evaluate their progress and improve practice.
- Supplies free and/or subsidised professional services (organisational development, accounting and legal) to micro-farming associations.

‘In the Transkei we planted to have food. I don’t have to buy vegetables anymore. Even my husband was happy for me to work here. And I enjoy the companionship very much.’ Philipina Ndamane, 74, micro-farmer



Siyazama 1997



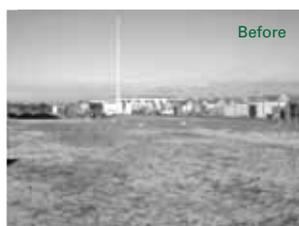
Siyazama 2007

The Farm and Garden National Trust promotes, supports and builds Abalimi Bezekhaya (Farmers of Home in isiXhosa) as its leading food security model – the intention is to replicate, promote and support this type of activity countrywide in order to develop a thriving national micro-farming movement in South Africa.

Abalimi (www.abalimi.org.za) is a leading urban eco-farming association operating in the Cape Town townships of Khayelitsha, Nyanga and in the surrounding areas on the Cape Flats. This non-profit organisation assists individuals, groups and community-based organisations to initiate and maintain permanent organic food growing and nature conservation projects as the basis for sustainable lifestyles, self-help job creation, poverty alleviation and environmental renewal.

The Farm and Garden National Trust is assisting Abalimi in building infrastructure, funding, training, networking and promotion.

‘Before the gardens existed, there was only an overgrown bare patch of land surrounded by shacks. Now there is an abundant pantry of healthy fresh food available to all.’ *Trust founder Rob Small*



Get involved



Donations and Bequests

The Farm and Garden National Trust welcomes support to expand its projects in order to reach more micro-farmers and gardeners.

The Trust is exempt from Donations Tax, Estate Duty, Stamp Duty and SDI Levy. All donations and bequests are fully tax deductible.

All financial contributions will be publicly acknowledged by the Trust and the Trust will issue a tax certificate (unless instructed otherwise).

Please make your donation/bequest to:

The Farm and Garden National Trust
Account number: 1046519328
Bank: Nedbank, Claremont, Cape Town
Branch code: 10460901. Swift code: NEDZAJJ

- Registration no #: IT5785/2007
- SARS Tax Ref #: 1203/994/14/8
- PBO Reference #: 930027578

Please forward your deposit advice to:

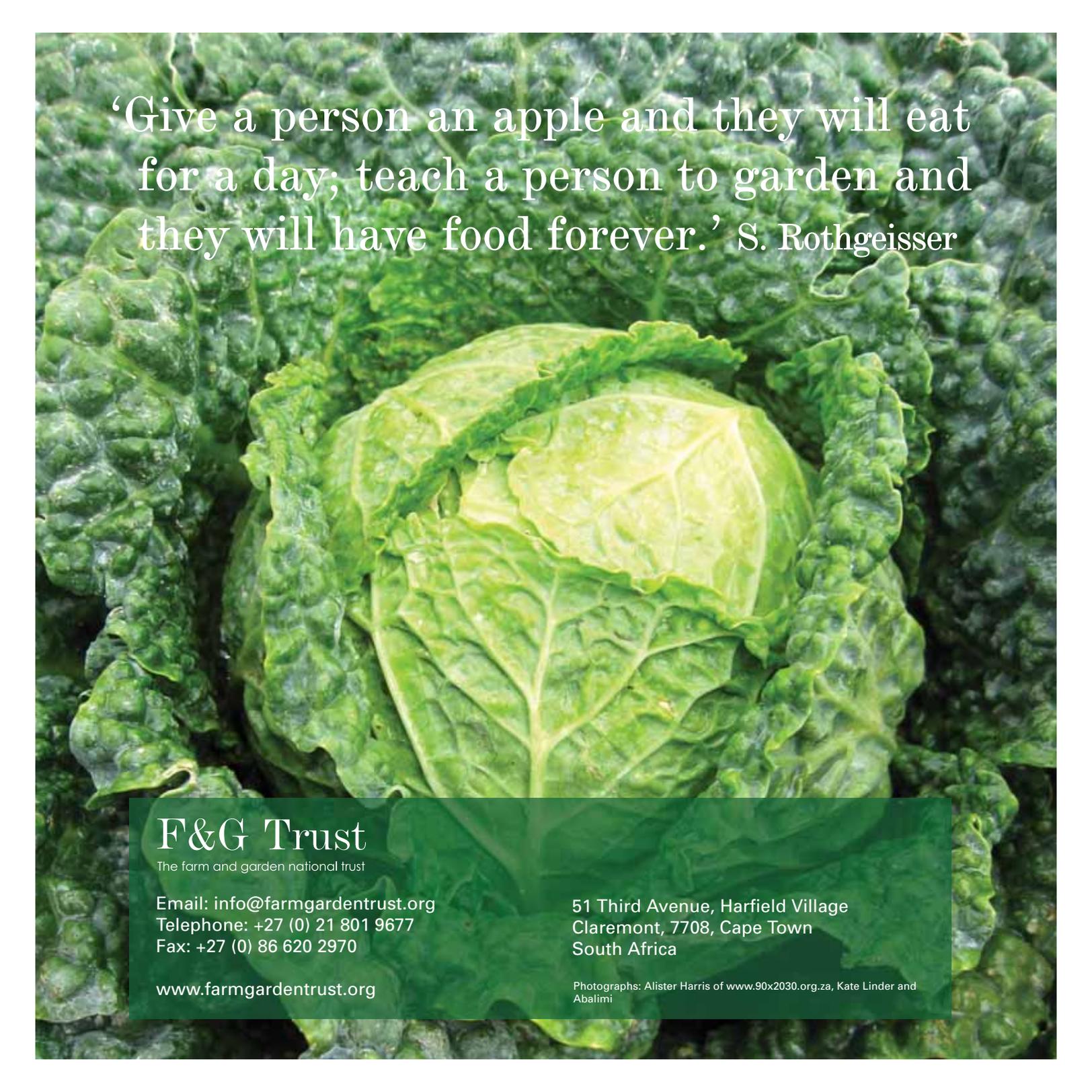
Email: info@farmgardentrust.org , Fax: +27 (0) 86 620 2970 , Post: address overleaf

All interested contributors are invited to visit one of our working gardens and operation centres.

Volunteer

Get hands on!

Work the land, meet the beneficiaries and see for yourselves what can be achieved on a small piece of land with little inputs! No gardening experience is necessary. To volunteer, please contact the Trust.



‘Give a person an apple and they will eat
for a day; teach a person to garden and
they will have food forever.’ S. Rothgeisser

F&G Trust

The farm and garden national trust

Email: info@farmgardentrust.org

Telephone: +27 (0) 21 801 9677

Fax: +27 (0) 86 620 2970

www.farmgardentrust.org

51 Third Avenue, Harfield Village
Claremont, 7708, Cape Town
South Africa

Photographs: Alister Harris of www.90x2030.org.za, Kate Linder and
Abalimi